

# Shoreline News

*Life Enriching Activities for the Adult 50 & Over*

Dear Friends, Happy New Year !! We have a full schedule this month. Please be sure to read all about our activities, trip & lectures and then please give us a call to sign up .  
As always we look forward to seeing you soon. Carolyn & Angie

## January 2012 Excursions & Events

Please call 981-3440 to sign up for any of the events listed below.

January 10 @ 10:30am: "Opera Lunch & Learn" : We'll travel to Heritage Hall in Seville Quarter, Pensacola for lunch and join Pensacola Opera's Artistic Director Kyle Marrero for an interesting talk about "Madama Butterfly" opera and hear excerpts sung by the Artists in Residence. Cost is \$ 25.00 per person .  
Sign up begins, Jan. 3rd, payment due at sign up. We have tickets for 25 . We'll depart at 10:30am and should return by 3:00pm. We will be departing from the Orange Beach Recreation Center.

January 13th @ 10:00am : "Financial Friday": with Mr. Eric Nager of Southern Capital Services.

January 18th @ 6pm: " Honor Flight South Alabama" Dr. Barry Booth, veteran and Guardian Director of Honor Flight South Alabama, will describe this program which flies WWII veterans to Washington to see the WWII Memorial placed in their honor.

January 20th @ 9:00am: . "Mobile Press Register Tour". We will depart from the Orange Beach Senior Center and travel to Mobile. We will tour the Press Register. We will stop for lunch on the way back. Lunch will be on your own. We have space available for 28. Cost is \$ 5.00 per person for transportation.  
Sign up begins, Jan. 10th, payment due at sign up.

January 23rd @ 3pm: "A Matter of Balance": Informational/Registration Meeting. This award winning program is designed to manage falls and increase activity levels. Classes are sponsored by the Area Agency on aging/South Alabama Regional Planning Commission.

January 25th 6pm: "After the Fire: The Backcountry Trail": Phillip West, Coastal Resources Manager for the City of Orange Beach will describe the Hugh S. Branyon Back Country Trail and the effects of the 2011 wildfire.

January 27th @ 9:30am: "Carnival "Mardi Gras" Museum of Mobile" We will depart from the Orange Beach Senior Center and travel to Mobile. We will tour the Carnival Museum and then go to lunch .  
Lunch will be on your own. We have space available for 28 . Cost is \$ 10.00 per person for Museum entrance & transportation.  
Sign up begins, Jan. 12th, payment due at sign up.

### ON GOING WEEKLY ACTIVITIES

#### EXERCISE:

Mondays, Wednesdays, & Fridays: 7:45am-8:45am  
Cost per class is \$3.00 residents \$ 5.00 non-residents

#### SIT & BE FIT EXERCISE:

Mondays & Wednesdays: 2:00pm—3:00pm

#### HAND & FOOT CANASTA:

Mondays & Thursdays: 9:30am—1:00pm

#### BRIDGE: Tuesdays & Thursdays:

12:00pm—3:30pm

#### DOMINOES:

Wednesdays: 9:30am—12:00pm

#### LINE DANCING:

Wednesdays: 9:30am—11:30am  
Cost is \$ 3.00 per person

### JANUARY 2012 ARTS & CRAFTS

Please call 981-3440 to sign up for our Classes

OPEN WORKSHOPS: Mondays 9:00am—2:00pm.

CERAMICS: Tues 9:00am—11:00am, Cost is per Item.

#### WINE BOTTLE CHIMES:

Wednesdays 9am-11am Cost is \$ 10.00

#### GLASS ETCHING:

Thursdays 9am -11am Cost is \$ 10.00

