

**** Blood Pressure Checks ****
Wednesdays 9:00am—10:00am
 Provided by: Orange Beach Fire Dept.



January 2012



****AARP TAX CENTER BACK AGAIN FOR FEBRUARY 2012****
 February 3rd through April 13th,
 Tuesdays & Fridays from 9am to 12pm
 Taking Appts. Starting Jan. 5th

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 HAPPY NEW YEAR !! Center Closed Jan 2, 2012	2 	3 Ceramics 9am-11am Bridge 12 -3:30pm	4 Exercise 7:45am-8:45am Line Dancing 9:30-11:30 Dominoes 9:30-12pm 2pm Sit & Be Fit Exercise	5 Hand & Foot 9:30a-11:30a Bridge 12 -3:30p	6 Exercise 7:45am-8:45a 10am—Illinois Snowbird Club Coffee	7
8	9 Exercise 7:45am-8:45am Open Workshop 9am-2pm Hand & Foot 9:30a—1p Mah Jong 1pm 2pm Sit & Be Fit Exercise	10 10am Trip—Opera Lunch & Learn Ceramics 9am-11am Bridge 12 -3:30pm	11 Exercise 7:45am-8:45am Wine Bottle Chimes 9a –11a Line Dancing 9:30-11:30 Dominoes 9:30-12pm 2pm Sit & Be Fit Exercise	12 Glass Etching 9a-11a Hand & Foot 9:30a-11:30a Bridge 12 -3:30p	13 Exercise 7:45am-8:45a 10am—Financial Friday w/Eric Nager	14 Friends of Library Book Sale Community Center 9a-2p
15	16 Martin Luther King, Jr. Birthday Observed CENTER CLOSED HOLIDAY	17 Ceramics 9am-11am Bridge 12 -3:30pm	18 Exercise 7:45am-8:45am Wine Bottle Chimes 9a –11a Line Dancing 9:30-11:30 Dominoes 9:30-12pm 2pm Sit & Be Fit Exercise 6pm - Lecture Series - Honor Flight	19 Glass Etching 9a-11a Hand & Foot 9:30a-11:30a Bridge 12 -3:30p	20 Exercise 7:45am-8:45a 9:30am—Trip: Mobile Press Register Tour <small>*Center will be closed while we are on this trip. *</small>	21 Relay for Life Yard Sale Community Center 7am -12pm
22	23 Exercise 7:45am-8:45am Open Workshop 9am-2pm Hand & Foot 9:30a—1p Mah Jong 1pm 2pm Sit & Be Fit Exercise 3pm - A Matter of Balance Info Meet	24 Ceramics 9am-11am Bridge 12 -3:30pm	25 Exercise 7:45am-8:45am Wine Bottle Chimes 9a - 11a Line Dancing 9:30-11:30 Dominoes 9:30-12pm 2pm Sit & Be Fit Exercise 6pm - Lecture Series - Phillip West	26 Glass Etching 9a-11a Hand & Foot 9:30a-11:30a Bridge 12 -3:30p	27 Exercise 7:45am-8:45a 9:30am—Trip: Carnival "Mardi Gras" Museum <small>*Center will be closed while we are on this trip. *</small>	28
29	30 Exercise 7:45am-8:45am Open Workshop 9am-2pm Hand & Foot 9:30a—1p Mah Jong 1pm 2pm Sit & Be Fit Exercise	31 Ceramics 9am-11am Bridge 12 -3:30pm			****MARDI GRAS DANCE**** Wednesday, February 15th, 2012 6pm to 9pm Event Center at The Wharf \$ 10.00 per person, Tickets available January 9, 2012	